V & E (CHESHUNT) JUDOKWAI (361)

Goffs Lane, Cheshunt, Hertfordshire. EN7 5QN Visit: www.vejudo.com or find us on Facebook at: V & E Judokwai

Beginners Consent Form

APPLICANTS DETAILS	
FIRST NAME:	SURNAME:
DATE OF BIRTH:/	AGE:
ADDRESS:	TELEPHONE No:
	MOBILE No:
POST CODE:	E-MAIL:



PLEASE NOTE: The British Judo Association rules state that new players may have four introductory lessons after which they must hold a full licence in order to train. In order that the licence is received in time the applicant must apply online or by post to the British Judo Association before the 5th session when a valid licence must be presented at the club office in order for the member to train.

MEDICAL TREATMENT AND ADVICE POLICY (CONFIDENTIAL)

Dear Parent/Carer/Guardian/Applicant: Please note that as a Judo club affiliated to the British Judo Association our qualified coaches have attended a 4 hour basic First Aid course as required under Health and Safety legislation. We are able to carry out basic first aid for the safety and well-being of the applicant. All incidences of injury or illness will be recorded in the Accident/Incident book. This must be acknowledged and signed by all relevant parties, including you.

It is important to note that we can offer immediate first aid ONLY. An ambulance will be called to any emergency but we must stress that it is your responsibility to seek further medical advice in ALL circumstances of injury/illness as underlying medical problems may not be immediately apparent, for example:

- -Cuts and grazes may become infected.
- -Bruising / Soft tissue injury may be concealing a fracture.
- -Head Injury may worsen some hours after the incident
- You can consult medical professionals such as:
- -Your General Practitioner
- -NHS Direct Telephone Number 0845 4647

Although you are not obliged to, it would also be helpful if you could advise us of any existing medical conditions, allergies, etc. that we would need to be aware of when providing first aid treatment to the applicant. This information will be kept in strict confidence in accordance with the Data Protection Act 1998.

What do I need to do next? (We have a guide to joining up on our club website with all the links you need-just visit www.vejudo.com)

- **-First lesson free:** We welcome all new members by offering your first introductory session for free!
- -See how things go for a trial period of 3 to 4 lessons. If you are keen to take up Judo then there are a few important things you need to do before your 5th session...
 - **1. Apply for a British Judo Association licence:** You can apply online for a British Judo Association just visit <u>www.britishjudo.org.uk</u>
 Remember you will need to bring your licence or official confirmation that you are a full member of the British Judo Association by your 5th training session.
 - 2. Become a member of the V & E Judokwai: Just speak to one of our coaching team and they will give you a form.
 - 3. Buy a Judo suit: We sell all sizes of Judo Gi at the club. They range in price from £25.00 up to £35.00
 - **4. Pick up your club badge:** Once you have become a member of our club you will receive your free club badge which you need to sew on your Gi. If you are unsure of where the badge should be positioned on the Gi please speak to one of our coaches.